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Curriculum Vitae

NAME: **ABBAS ZAVAR**
DEGREE: *Medical Doctor (MD)*
CURRENT POSITIONS: *MPH: Management of Addiction Control and Prevention*
LOCAL : *Executive Director, Addiction Research Center (ADRC)*
DATE OF BIRTH: *19.Jan.1974 (29/10/1352)*
NATIONALITY : *Iranian*
MARITAL STATUS : *Married, One Child*
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EDUCATIONS:		
PhD candidate in Alcohol abuse Toxicology	Mashhad University of Medical Sciences, Mashhad, Iran	Mar 2014-present
Master of Public Health (Management of Addiction Control and Prevention) (MPH)	Mashhad University of Medical Sciences, Mashhad, Iran	2009-2012
Professional Doctoral Courses in General Medicine, Medical Doctor (MD)	Rafsanjan University of Medical Sciences, Rafsanjan, Iran	1993-2000

EXTRA COURSES :		
Treating Narcotic Drug Dependency Certificate	Mashhad University of Medical Sciences, Mashhad, Iran	2008
Professional Occupational Medicine	Mashhad University of Medical Sciences, Mashhad, Iran	2011

SCIENTIFIC EXPERIENCES:			
Member of Scientific committee of First International Congress of Alcohol Abuse	MUMS, Mashhad, Iran	May 2014	--
Scientific Manager, Institute of preventive medicine of SYB	Mashhad, Iran	Feb 2014	Present
Editorial Board Membership, Journal of Mashhad Medical Council (JMCC)	Mashhad, Iran	Feb 2012	Present
Journal's Reviewer, Future of Medical Education Journal	MUMS, Mashhad, Iran	Mar 2012	Present
Research Committee Director, Vice Chancellor for Health	MUMS, Mashhad, Iran	Jun 2012	Jul 2014
Editor in Chief, "Voice of Health" journal	MUMS, Mashhad, Iran	May 2012	May 2013

PROFESSIONAL EXPERIENCES:			
Head of Organizing committee of First International Congress of Alcohol Abuse	MUMS, Mashhad, Iran	May 2014	--
Executive Director, Constitutional of Scientific Association of Governmental Institute Physicians, Medical Council of Mashhad	Mashhad, Iran	Jun 2013	Present
Executive Director, Knowledge Management Unit (KMU) of Alcohol & Drugs	MUMS, Mashhad, Iran	Jul 2013	Present
Provincial Director, Mental Health and Addiction Control Department	MUMS, Mashhad, Iran	Jan 2013	Jul 2014
Executive Director, Addiction Research Center (ADRC)	MUMS, Mashhad, Iran	May 2012	Present
Physician (work at MMT Clinic)	Mashhad, Iran	Feb 2012	Present
Provincial Director, Health Education and Promotion Department	MUMS, Mashhad, Iran	Mar 2012	Jan 2013
Director, Health Network	MUMS, Sarakhs, Iran	Sept 2010	Jan 2012
Manager, Health Center	MUMS, Sarakhs, Iran	Sept 2006	Sept 2010
Director and Physician	MMT Clinic, Sarakhs, Iran	Mar 2008	Jan 2012
Hospital Chief of staff, (Hefdah-Shahrivar Hospital)	MUMS, Sarakhs, Iran	Feb 2005	Sept 2006
Hospital Emergency Chief Physician , (Imam Khomeini Hospital)	MUMS, Esfarayen, Iran	Jul 2002	Dec 2003
Private Medical Office	Esfarayen, Iran	Dec 2002	Jan 2005
Physician & Manager of Rural & Urban Health Centers	MUMS, Esfarayen, Iran	Dec 2000	Nov 2002

SCIENTIFIC ASSOCIATIONS MEMBERSHIP:		
Member, Scientific committee of Addiction Therapists Physicians Association	Jul 2014	Present
Member, Institute of preventive medicine of SYB	Dec 2013	Present
Member, scientific committee of Knowledge Management Unit (KMU) of Alcohol & Drugs	Jul 2013	Present
High Council member, Psychiatry & Behavioral Sciences Research Center (MUMS)	May 2013	Jul 2014
High Council member, Medical Toxicology Research Center (MUMS)	Jul 2012	Present
High Council member, Addiction Research Center (MUMS)	May 2012	Present
Member, Khorasan Provincial Mental Health Committee	2008	2014

PROFESSIONAL ASSOCIATIONS MEMBERSHIP:		
Member of the Main Board, Constitutional of Scientific Association of Governmental Institute Physicians, Medical Council of Mashhad	Jun 2013	Present
Vice Chancellor for Health, Mashhad University of Medical Sciences (MUMS)	Feb 2011	Jul 2014
Member, Combat Narcotics & Drug Control Committee of Khorasan-Razavi State	Feb 2012	Present
Member, Combat Narcotics & Drug Control Committee of Sarakhs County	2009	2012
Member, Medical Council of IRAN	Nov 2000	Present

PUBLICATIONS-THESIS:		
Prevalence of drug use and its epidemiological factors associated with Sarakhs high-school Students (M.P.H. Thesis)	2011	
Frequency evaluation of urinary tract infections in pregnant women (M.D. Thesis)	2000	

PUBLICATIONS-JOURNALS:					
	Authors	Position	Title	Journal	Index
12	Zavar A; Alimoradi B; Jarrahi L; Khosravi N	1st	Evaluation of the Reliability and Validity of Alcohol Use Disorders Identification Test (AUDIT)	Asia Pacific Journal of Medical Toxicology 2014 May; 3(sup): 8	Chemical Abstract
11	Zavar A	1st	Addiction prevention programs	Journal of Mashhad Medical Council (JMMC) 2014; 17(3): 151-153	--
10	Zavar A, Khadivi Zand S, Kabiri F	1st	Assessment of education needs for retraining of physician work at Addiction Treatment and Rehabilitation Centers	Future of Medical Education Journal 2013 Sep; 3(3): 46-47	ISC
9	Khajedaluae M, Zavar A, Alidoust M, Pourandi R	Correspond	Smoking among high school students of an area with medium socioeconomic status	Journal of the Pakistan Medical association 2014 Mar; 64(3): 291-5	ISI (IF=0.409)
8	Khajedaluae M, Zavar A, Alidoust M, Pourandi R	Correspond	Self-Esteem and Illegal Drug Abuse in High School Students	Iranian Red Crescent Medical Journal 2013 Nov; 15(11): 1-7	ISI (IF=0.37)
7	Afshari R, Motaharinia J, Sadegh H, Eghbal M, Sakhini N, Zavar A	Correspond	Perceived therapeutic effects of street drugs affect Knowledge, attitude and practice of medical and health students	Journal of Substance Use – In Press	PubMed (IF=0.64)
6	Dadpour B, Shafahi A, Monzavi SM, Zavar A, Afshari R, Khoshdel AR	4th	Snakebite prognostic factors: Leading factors of weak therapeutic response following snakebite envenomation	Asia Pacific Journal of Medical Toxicology 2012 Dec; 1(1): 27-33	Chemical Abstract
5	Zavar A, Afshari R, Alidoust M, Pourandi R, Dadpour B	1st	Curriculum Development in regard to Illicit Drug Abuse	Future of Medical Education Journal (FMEJ) 2012 June; 2(2): 31-6	ISC

4	Afshari R, Mégarbane B, Zavar A	Correspond	Thallium poisoning: one additional and unexpected risk of heroin abuse	Clinical Toxicology Journal 2012 Sep; 50(8): 791-2	ISI (IF=2.59)
3	Afshari R, Khaki M, Zavar A, Alidoust M	Correspond	Illegal drug self-poisoning induced death; Referred or not referred to Health system in Mashhad, Iran 2004-2007	HealthMed journal 2012; 6(6): 2074-9	ISI (IF=0.43)
2	Zavar A	1st	Review of medical information resources in Internet	Raze Behzistan Journal 2008; 35: 44-46	--
1	Zavar A, Seydi SS	1st	What are oils & fats?	Ghaza & Khorasan weekly Journal March 2008; 24:8-9	--

RESEARCH EXPERIENCE:

	Researcher		Title	Status
11	Afshari R, Zavar A, Tabeshpor J, Raiesjuyan Z, Alidoust M		Methanol Poisoning, outcome predictor	Submission
10	Khajedaluae M, Zavar A, Alidoust M, Pourandi R		Substance abuse in high-school students and associated factors in northeast of Iran	Submission
9	Zavar A, Alidoust M, Ghafari M		Improvement of quality of life and mental health in methadone maintenance therapy	Submission
8	Afshari R, Zavar A, Alidoust M, Khosravi N, Pourandi R		Ethnic discrepancies in knowledge and attitude towards illegal drugs	Submission
7	Zavar A, Afshari R, Alidoust M, Pourandi R		Knowledge and Attitude of Health Network Staff towards Illegal Drug Use	Submission
6	Zavar A, Afshari R, Alidoust M, Pourandi R		Ethnic discrepancies in knowledge and attitude towards illegal drugs	Submission
5	Khajedaluae M, Zavar A, Dalili A		Prevalence of unwanted pregnancy and effective factors in Neishabour in 2008-2009	Submission
4	Zavar A, Afshari R, Pourandi R, Alidoust M		Pattern of illegal drug use in the past five decades in patients with drug dependent (addicted) voluntary treatment in Sarakhs	Submission
3	Pourandi R, Aminzade F, Zavar A		Evaluation of hemoglobin level in second trimester pregnant women in Rafsanjan 2000	Pourandi's Thesis
2	Joorsaraee GhA, Zavar A, Makki SM		The histopathological changes in the rat's testes after non-scalpel vasectomy	Poster presentation in the First Southeastern Congress of Student Research Committees. (Rafsanjan: 1997)
1	Zavar A, Moradi H, Pourandi R, Jadidi R		Frequency evaluation of periodontitis in Rafsanjan population, 1994	Poster presentation in Dental Students Congress. (Tehran: 1995)

TEACHING EXPERIENCE & WORKSHOP :

8	Substance abuse (Addiction) workshops	2009- Present
7	Mental Health	2009- Present
6	Life skills workshops	2009- Present
5	Parenting skills workshops	2009- Present
4	CQI, TQM & EFQM workshops	2008- Present
3	AIDS & Hepatitis workshops	2008- Present

2	Computer workshops	2002 - 2005
1	Medical Research Methods workshops	1998 - Present

National & International Congresses Participation:

	Congresses	Date	Title	Presentation
8	First International Congress of Alcohol Abuse	May 2014, Mashhad	<ul style="list-style-type: none"> Evaluation of the Reliability and Validity of Alcohol Use Disorders Identification Test (AUDIT) 	Oral
7	Asia Pacific Association of Medical Toxicology, 12 th International Scientific Congress	Nov 2013, Dubai	<ul style="list-style-type: none"> Methanol Poisoning, outcome predictor 	Poster
6	7 th National Congress on Addiction Sciences	Sep 2013, Tehran	<ul style="list-style-type: none"> Health and Medical Education in Regard to Illicit Drug Use 	Oral
			<ul style="list-style-type: none"> Drug abuse in high school students and its related factors 	Oral
			<ul style="list-style-type: none"> Self-Esteem and Illegal Drug Use in High School Students 	Poster
			<ul style="list-style-type: none"> Knowledge and Attitude of Health Network Staff towards Illegal Drug Use 	Poster
5	11 th International Congress of Asia Pacific Association of Medical Toxicology (APAMT)	2012, Hong Kong	<ul style="list-style-type: none"> Pattern of Change in Illicit Overdose in Iran 	Poster
4	11 th International Congress of the Iranian Society of Toxicology	2011, Mashhad, Iran	<ul style="list-style-type: none"> Thallium-contaminated opium (Case reports) 	Poster
			<ul style="list-style-type: none"> Illegal drug self-poisoning induced death; Referred or not referred to Health system in Mashhad, Iran 2004-2007 	Poster
3	Iranian Congress of Addiction & Poisoning	2010, Mashhad, Iran	<ul style="list-style-type: none"> Pattern of illegal drug use in the past five decades in patients with drug dependent (addicted) voluntary treatment in Sarakhs, 2009 	Poster
2	11 th Iranian Nutrition congress	2010, Shiraz, Iran	<ul style="list-style-type: none"> Indicators of malnutrition in children 6 to 72-month and Influence of interventions to improve child nutrition programs in Sarakhs 2008-2009 	Poster
			<ul style="list-style-type: none"> The support programs on the nutritional status of children 6 to 72 month old in Sarakhs 2008-2009 	Poster
1	10 th Iranian Nutrition congress	2008, Tehran, Iran	<ul style="list-style-type: none"> Nutritional status of children 6-59 months & supportive programs effects to improve children's nutrition in Sarakhs rural population, 2007 	Poster
			<ul style="list-style-type: none"> Nutritional effects of distribution of a hot meal in day for children 3-6 years in Sarakhs rural preschools, 2007 	Poster
			<ul style="list-style-type: none"> Practical nutritional education effects in Sarakhs women's awareness improving, 2007 	Poster

- Education effects on awareness improving in health care workers & pregnant women about of nutrition during pregnancy, 2007 Poster
- Type of edible salt & iodine existing review in Sarakhs households & food supply centers, 2008 Poster

HONORS & AWARDS :

1	National Health Education & Promotion Director	Best performance	2012
2	Provincial Health center head-director	Best performance	2012 (x3)
3	MUMS Chancellor	Best performance	2011 - 2012
4	Sarakhs County Governor	Best performance	2011
5	Khorasan Provincial Governor	Top Health Center Director	2010
6	MUMS Chancellor	Most Community & Health volunteers participation	2009
7	MUMS Chancellor	Education Center (for health care workers) advancement to Tier II	2009
8	Sarakhs Health Network Manager	Top Performance in Cardiovascular diseases prevention programs	2009
9	MUMS Chancellor	Top Health Center Director for best managed & quality of family physician programming	2008
10	Provincial Health center head-director	Promoting qualitative & quantitative statistical Programs	2008
11	Provincial secretary of coordination combat narcotics & drugs control Council	Most Effective action programs for drug addiction prevention	2008
12	Provincial Health center head-director	Mental Health, primarily in parenting skills Programs	2008
13	Provincial Health center head-director	Students care & treatment interventions program	2007
14	Health Minister	Most Community & Health volunteers participation	2007
15	MUMS Chancellor	Most Top Performer in MUMS Health Center Managers	2007 2008
16	Sarakhs Health Network Manager	National implementation of Hepatitis vaccination	2007
17	MUMS Chancellor	Best Director in Mashhad University of Medical Sciences	2006
18	Treatment Head-director of MUMS	Top Hospital Chief of Staff, for Hospital Tier II advancement	2005
19	Khorasan Provincial Deputy Governor	Best Employee in Health Network	2003
20	Sarakhs County Governor	Most Effective and valuable Health services	2006- 2007- 2008-2009

SUMMARY OF QUALIFICATIONS:

- Medical research methodology (Introductory & Advanced)
- Continuous Quality Improvement (CQI)
- Total Quality Management (TQM)
- Statistical Process Control (SPC)
- Management Information Systems (MIS)
- Opiate Drug dependence treatment
- ISO training in health management
- Health Economy
- Health Management training
- Strategic Management & planning
- POA planning
- Staff management, planning, organizing, prioritizing, and scheduling work assignments
- EFQM (European Foundation for Quality Management)

SKILLS & ACTIVITIES:

- IELTS Certificate
- Computer Skills (ICDL Computers Certificate- Microsoft office - Photoshop- SPSS- MS Project)
- Overseer of Student Research Committee of Rafsanjan University of Medical Sciences.
- Workshop Teacher and organizer “Medical Research Methods” - Student Research Committee of Rafsanjan University of Medical Sciences.
- Cooperation in Animal Research (Non-scalpel Vasectomy in Rats) - Rafsanjan University of Medical Sciences.

RESEARCH INTEREST:

- Alcohol Abuse
- Addiction
- Drug abuse & Dependency
- Clinical Toxicology
- Psychology & Psychiatry

INTEREST & HOBBIES:

- Working with computer
- Reading
- Learning new soft wares
- Surfing on the web

REFERENCES:

- Prof. Reza Afshari AfshariR@ mums.ac.ir
- Prof. Mohammad Khajedaluee KhajedalueeM@mums.ac.ir