

Department of: Oral-Medicine

Speciality :Scientific Level

First name: Zahra

Last name:Delavarian

**Address: Dept. of oral medicine
school of dentistry Mashhad University
of Medical Sciences- IRAN**

Work (Address for correspondence):

P.O.Box: 984 Mashhad _ Iran

Phoe: +98 511-8829501-15

Fax: +98 511-8829500

E-Mail: Delavarian41@yahoo.com

Delavarianz@mums.ac.ir



Educational background:

Level	Description	University	Years	Thesis
1-DDS	Graduated in General dentistry	School Dentistry, Mashhad, Iran	1988	Differential Diagnosis of mucocutaneous fungal ulcers
2-MDS	Post Graduated as oral Medicine specialist	Mashhad dental school	1996	Evaluation of the effects of oral Doxycycline on symptomatic oral lichen planus
3- board certification	Oral Medicine		1996	

RELEVANT WORK EXPERIENCE :

Place	Position	University	Years	Description
1-Mashhad Dental school	Director of oral Medicine and radiology department	Mashhad medical sciences	1999-2002	
2- Mashhad Dental school	Director of postgraduate of oral medicine department	Mashhad medical sciences	1998-2003 2006-9/2010	
3- Mashhad Dental school	Member of Research council dentistry department	Mashhad medical sciences	2004-6/2008	
4- Mashhad university of medical sciences	Member of oral health committee	Mashhad medical sciences	2006-present	
5- Mashhad Dental school	Chief of infection control committee	Mashhad medical sciences	1999 2/2002	
6- Mashhad Dental school	Chief of student research committee	Mashhad medical sciences	2004-2009	
7- Mashhad university of medical sciences	Member of clinical sciences committee of research council	Mashhad medical sciences	2/2007 9/2010	
8- Mashhad Dental school	Supervisor of under graduate students	Mashhad medical sciences	2004-present	
9-MASHHAD DENTAL SCHOOL	MEMBR OF MASHHAD DENTAL RESEARCH center	MASHHAD MEDICAL SCIENCE	12/2007- present	
10-MASHHAD DENTAL SCHOOL	Chief of Oral and Maxillofacial Diseases Research Center	MASHHAD MEDICAL SCIENCE	12/2010- present	
11-MASHHAD DENTAL SCHOOL	Chairman: Journal of Dental Materials and Techniques	MASHHAD MEDICAL SCIENCE	12/2010-present	
12-Mashhad Dental school	Director of oral Medicine and radiology department	Mashhad medical sciences	8/2011-present	

TEACHING EXPERIENCES :

Level	Position	University	Years	Description
Assistant professor	Oral medicine department	Mashhad Dental school	11/1996-11/2008	
Associated professor	Oral medicine department	Mashhad Dental school	11/2008-peresent	

Research Interests :**Interest Item**

Oral Immunology and biology/cell culture animal study on oral precancerous and cancer Lesions/ treatment of Mucocutaneous diseases (specialty: oral lichen planus)
Critical Appraisal of Studies/systematic review (Epidemiologic – control trial ...)

A. Papers:

ISI:

1. Z Delavaria, A Javadzadeh, Z Dalirsani, HR Arshadi, A H Toofani. **Drug therapy of psychotic disorders in oral lichen planus (Abstract)**. *Journal of Oral Diseases*. Sep 2008; Vol 14. Supplement 1.
2. A Javadzadeh, Z Delavarian, I-I Mortazavi. **Study of therapeutic effect of fluoxetine together with clonazepam in myofacial pain dysfunction syndrome**(Abstract). *Journal of Oral Diseases*. . Sep 2008; Vol 14. Supplement 1
3. P Mosannen Mozaffari, Z Delavarian, L Vazifeh Mostaan , SH Saqafi. **A case of neglected basal cell carcinoma with intraoral and mandibular involvement** (Abstract). *Journal of Oral Diseases*. Sep 2008; Vol 14. Supplement
4. P Mosannen Mozatlari, N Mohtasham, Z Delavarian. **Evaluation of sample depth and slide characteristics of modified brush biopsy** (Abstract). *Journal of Oral Diseases*. Sep 2008; Vol 14. Supplement
5. Abbas Javadzadeh . Hossein Vatanpour* , Zahra Delavarian , Abdollah Mc Habibollah Esmaeily , Mehdi Vatanpour and Shiva Shirazian. **Efficacy of Clobetasol, Ketoconazole and Amitryptiline Mouthwash on Oral Lichen Planus** . *Iranian journal of Pharmaceuocal Rcsaarch*. SUM 2008 ; Volume: 7 Issue: 3 Pages: 171-178 .
6. Javadzadeh A. Vatanpour H ,Delavarian Z , Abdollah Mc Habibollah Esmaeily , Vatanpour M ;Shirazian SH. **Therapeutic efficacy of a new mouth wash containing clobetasol, ketoconazole & amitryptiline on atrophic-erosive oral lichen planus** (Abstract).). *Journal of Oral Diseases*. Sep 2008; Vol 14. Supplement.
7. Delavarian Z*,Orafai- H Mollashahi L. Pakfetrat A. **The effects of topical sucralfate suspension on oral aphthae** (Abstract). *Journal of Oral Diseases*. Sep 2008; Vol 14. No 2.
8. Falaki F*- Delavarian- Z. Salehinejad J. Saghafi S. Squamous cell carcinoma arising from an odontogenic keratocyst: A case report. *Journal of Oral medicine and pathology*. 2009 Apr 1;14(4)-E 171-4.(IF: 2/07)
9. F Falaki*, Z Delavarian, A Pakfetrat, N Mohtasham ,SH Shirazian. **Oral Squamous Cell Carcinoma with an unusual clinical manifestation: a case report** . *Cases journal*.2009 Apr 14 (4).
10. F Falaki, M AmirChaghmaghi, Z Delavarian, A Pakfetrat, P Mosanen Mozafi'ari. **PCR detection of HPV (12, 32) in Heck's disease patients diagnosed in Mashhad Dental Faculty** (Abstract).). *Journal of Oral Diseases*. 2009.
11. F. Falaki*, M. Amirchaghmaghit, A. Pakfetrat, Z. Delavarian, P. M. Mozaffari', N. Pazooki. **Detection of human papilloma virus DNA in seven cases of focal epithelial hyperplasia in Iran**. *J . Oral and pathol Med*. NOV 2009; volume: 38 Issue:10 ;Pages: 773-776, .(IF: 2/07)

12. Delavarian.Z, Pakfetrat.A, Falaki.F*, Pazouki.M,Pazouki.N. **The Role of Viruses in oral squamous cell carcinoma in young patients in Khorasan (Northeast of Iran)**. Journal of Applied science. 2010 ; page 1-5
13. Delavarian.Z,Mohtasham.N,Mossanen- Mozaffari*.P,Pakfetrat.A, Shakeri.MT. **Evaluation of the diagnostic value of a Modified liquid – based cytology using oral CDX® Brush in early detection of oral potentially malignant lesions and oral cancer**. MEDICINA ORAL PATOLOGICA ORAL Y CIRUGIA BUCAL. Sep 2010.(IF: 1/07)
14. Mozaffari PM, dalirSani ZD1, Delavarian Z, Shakeri MT, Esfandyari A. **Oral mucosal lesions in institutionalized elderly patients in Mashhad** (Abstract). Journal of Oral Diseases. 2010,Volume: 16 Issue: 6Pages: 557-558.
15. (Blouri, A. Javadzadeh)(Delavarian, Z.)(Mozaffari, P. Mosannen). **Gingival enlargement: A new proposal for classification and approach** (Abstract). Journal of Oral Diseases. 2010,Volume: 16 Issue: 6Pages: 557-557.
16. M. Amirchaghmaghi ; J. Salehinejad ; M. Basirat ; Z. Delavarian ; A. Javadzade ; A. Forouzanfar. **Gingival Ancient Schwannoma** : Review of Literature and a Case Report. Journal of Applied Sciences. 2010,ISSN: 1812-5654, Vol 10, Issue 23, 3137-3140.
17. Pakfetrat A, Mansourian A*, Momen Heravi F, Delavarian Z, Momen Beitollahi J, Khalilzadeh O, Basir Shabestari S. **Comparison of Colchicine Versus Prednisolone in recurrent aphthous Stomatitis: A double-blind randomized clinical trial** , Original Research . Journal of Clin Invest Med. Vol 33, no 3, June 2010
18. Delavarian Z. Javadzadeh A,dalirsani Z*. Arshadi HR.Toofani Asl H. **The evaluation of psychiatric drug therapy on oral Lichen planus patients with psychiatric disorders**. Journal of MEDICINA ORAL PATOLOGICA ORAL Y CIRUGIA BUCAL. MAR 2010 ,Volume: 15 Issue: 2 Pages: E322-7 Published .(IF: 1/07)
19. Amirchaghmaghi M, Sarabadani J ,Delavarian Z. **Preparedness of Specialist Dentists about Medical Emergencies in Dental Office_Iran**. Australian Journal of Basic & Applied Sciences. 2010,4(11):5483-5486, Issn 1991-8178.
20. Amirchaghmaghi. M, Sarabadani J, Delavarian Z , Mozafary PM , Shahri A ,Dalirsani Z . **The Knowledge and Preparedness of General Dentists about Medical Emergencies in Iran** . IRANIAN RED CRESCENT MEDICAL JOURNAL. Volume: 13 Issue: 3 Pages: 217-218 Published: MAR 2011
21. A javadzadeh Bolouri, Z Delavarian, Z Dalirsani, A Tonkaboni. “ **Rhinocerebral mucormycosis in a diabetic patient with cranial nerve involvement**”. Pak J Med Sci, Sep 2011 Vol.27 No.4 , 911-914. (IF : 0.2)
22. Z Delavarian, N Mohtasham, P M Mozafari, A Pakfetrat, MT Shakeri, ”**Evaluation del valor diagnostic de la citologia en Medio Liquido Modificada usando el cepillo Oral CDX en**

deteccion precoz de lesiones potencialmente malignas Y de cancer oral". Biblioteca Complutense, Mar 2011, 16(2), 57-62.

23. Abbas Javadzade Bolouri, Zahra Delavarian, Hamed Mortazavi, Hamid RezaToufani Asl, Ali Falaki, Farnaz Falaki. **The Effect of Combination Therapy with Fluoxetine and Clonazepam in Myofacial Pain Dysfunction Syndrome**. Australian Journal of Basic and Applied Sciences, 5(12): 520-525, 2011
24. Pegah M. Mozafari¹, Zohreh Dalirsani², Zahra Delavarian¹, Maryam Amirchaghmaghi¹, Mohammad T. Shakeri³, Abdollah Esfandyari⁴ and Farnaz Falaki¹ "**Prevalence of oral mucosal lesions in institutionalized elderly people in Mashhad, Northeast Iran**" (original article), Gerodontology 2011; doi: 10.1111/j.1741-2358.2011.00588.x (IF : 1.218)
- 25.

Scopus/Chemical Abstract/Embase/Biological Abstract :

1. Delavarian Z. Ghvamnassiri MR. Mahazoon A. **A one year study of radiotherapeutic complications on oral hard tissue in patients with head and neck cancer in Mashhad Omid hospital**. J. of Mashhad dental school. Spring and summer 2001. Pages 26-36.
2. Delavarian Z. Farmand K. **Report of or orofacial features of herpes simplex virus infection in referral patients to oral Medicine Dep. Of Mashhad Dental school and Dermatology Dept. Of Mashhad Ghaem Hospital**. J. of Mashhad dental school. Spring and summer 2003. Pages 85-92
3. Habibi A. Delavarian Z. Hesari Z. **Evaluation of the rate of knowledge of health care workers toward hepatitis B at Mashhad Dental school in Autumn2003**. J. of Mashhad dental school. 2005. Pages 35-44
4. Delavarian Z. Javadzadeh A. AmirGhaghmaghi M. Mohtasham N. **Lingual granular cell tumor: 3 cases**. J. of Mashhad dental school. 2007
5. DalirSani Z., Delavarian Z. Javadzadeh A., ToofanyAsl H., Falaki F.,. **Frequency of Psychiatric Disorders in patients with oral lichen planus Referred to Oral Medicine Department of Mashhad Dental School**. J. of Mashhad dental school. 2008. Pages 279-84
6. Pakfetrat A. Falaki F., Delavarian Z. Salehi Nejad J. **Langerhan's cell Histiocytosis : a case report**. Accepted J. of Mashhad dental school. 2008
7. Zahra Delavarian*, Atessa Pakfetrat**#, SayedMostafa Mahmoudi. **Five Year's Retrospective Study of Oral and Maxillofacial Malignancies in Patients Referred to Oral Medicine Department of Mashhad Dental School-Iran**. J Mash Dent Sch. 2009. Pages 38-129
8. Maryam AmirChaghmaghi*, Javad Sarabadani*#, Zahra Delavarian**, Abdoljabbar MirzaAli. **The Evaluation of Knowledge among Dental Specialists about Common**

Medical Emergencies in Dental Offices in Mashhad-Iran in 2009-2010. Mash Dent Sch. 2011. Pages 70-263

9. Delavarian Z, Orafi H., Molashahi L., Pakfetrat A. **The effect of Topical sucralfate suspensron on oral Aphthae.** J of Density Tehran University Spring. 2007. Pages 72-77.
10. Sarabadani J, Pakfetrat A, Delavarian Z, EbrahimiNik Z, Nejat AH, KamelBoron AGH. **Knowledge and diagnostic skill of General Dentist in Khorasan Razavi Province common (Iran) toward oral diseases 2009-10.** J Mashhad Dent. 2012. 36(2) 113-20.

Other :

1. Delavarian Z, Zavvar S. An evaluation on patterns & causes of referring patients to ortal diseases & diagnosis department of Mashhad Dental Faculty from September to December. The J. of Islamic Dental Association of Iran. 2003. Pages 62-70.
2. Delavarian Z, Zavvar S. Prevalence of oral lesions & awairness of their presence in patients attending to oral medicine center of Mashhad dental school: Autumn 1998. dental J. of Shaheed Beheshti university of medical sciences. 2003. Pages 425-436.
3. Javad Sarabadani, Abbas Javadzadeh, Atos Sa Pakfetrat, Zahra Delavarian, Mohammad Maramayi, Seyyed Amir Seyyedi. Oral medicine course offer in general medical students training curriculums. Horizons of Medical Education Development. HMED. JUN 2011,VOL.4, NO.3. Pages 17-20
4. Zahra Delavarian*Maryam Amir Chaghmaghi**Pegah Mosannen Mozafari***
Mohamad Reza Hatef Fard**** ‘Role of oral medicine specialist in disclosing systemic lupus erythematosus: A diagnostic dilemma’ Indian Journal of Dental Education, Volume 3 Number 3, July-Sept 2010
- 5.

B. Books :

Authors	Title	Year	Publisher	ISBN
Delavarian Z., Pakfetrat A., Tayaranij Najjaran N.	Oral Mucosa Manifestations with use of Drugs Systemic	2008	Mashhad university	In press
2-Z Delavarian- A Pakfetrat- F Falaki- M Amir Ghaghmaghy	Treatment of oral medicine (translation)	2008	Mashhad university	In press
Zohreh Dalirsani, Zahra Delavarian, Abbas Javadzade-Bolouri and Peyman Hashemian	Psychiatric Disorders, Chapter 10 : Psychiatric Comorbidity and Pharmacotherapy in Patients with Oral Lichen Planus	2011	InTech , October 2011,	ISBN 978-953-307-833-5
Zahra Delavarian, Pegah Mosannen Mozafari, Nooshin Mohtasham	Oral Cancer , Chapter 6: Diagnostic aids in oral cancer screening	2011		

Conference Presentations :

Subject	Place	Year
A one year study of radiotherapeutic complications on oral hard tissue in patients with head and neck cancer	International Iranian dental association congress Tehran	1994
Early Diagnosis of oral malignancy in children	2 nd congress of the Iranin association of pediatric dentistry Mashhad dental school	2003
Infection control in dentistry	Second international congress of Iranin association of Endodontistis -Mashhad	1998
Infection control in dentistry:	7th international congress of Iranin association of Endodontistis -Mashhad	2003
Evaluation of diagnostic value of Brush Biopsy in early detection of oral epithelial precancerous and cancerous lesions	FDI-Dubai	2007
Infection control in dentistry:	Nosocomial Infection control (Ahvaz)	1998?
The Importance of early detection of head and cancers	The first international congress of special care in dentistry/ A new perspective	2012 Nov
Mistreatment of oral and Maxillofacial lesions among patients referring to oral medicine department of mashhad dental faculty in apr 2009-mar 2010	The first international congress of special care in dentistry/ A new perspective	Nov 2012
Expression of Epidermal growth factor receptor (EGFR) in oral squamous cell carcinoma byimmunohistochemistry technique and correlation with clinicopathologic critreria	International Multidisciplinary cancer congress	Sep 2012

Certification / Licensure:

Workshops:

Title	Reference	Year
Attendance in workshop of basic Research Planning	Mashhad Dental School,	2004
Attendance in workshop of OSCE	Mashhad Medical sciences	2006
Attendance in workshop of paper writing	Mashhad Medical sciences	2000
Attendance in workshop of scientific writing	Mashhad Dental School,	2005
Attendance in workshop of English letter writing	Mashhad Medical sciences	2005
Attendance in workshop of Ergonomy	Mashhad Dental School,	2006
Attendance in workshop of Reference Manager	Mashhad Dental School,	2007
Attendance in workshop of Educational Technology,	Mashhad Dental School,	2006
Attendance in workshop of Quality research Planning in Medical sciences	Mashhad Dental School,	2006
Attendance in workshop of continued development Quality	Mashhad Dental School,	2003
Attendance in justification workshop's Band-Aleph	Mashhad Medical sciences	2004
Ethic in Medical Research	Mashhad Medical sciences	2007
Survival Analysis	Mashhad Medical sciences	2008
SPSS	Mashhad Medical sciences	2008
Advance Research Methodology (case control)	Mashhad Medical sciences	2008
Creatibility of problems Salving	Mashhad Medical sciences	2008
Sample size	Mashhad Medical sciences	2008

Memberships:

Title	Place	Duration
Oral medicine association	Tehran	2004
IADR	USA	2008
Member of Oral and Dental Health Province Committee	Mashhad Medical sciences	2006

Award, Honors and Distinctions:

Title	Place	Duration
First Diplomat of Iranian board examination in oral Medicine	Tehran-Iran	1996
The best educational members of oral medicine department	Mashhad Medical sciences	2006-2007
The best reviewer	J. of Mashhad dental school	2006-2007
Higher degree	Hedayat Festival	2008
Higher degree (Lecture)	Hedayat Festival	2012

Additional Skills:

Computer:ICDL (Word- Power point- Basic Concept)

Language: English